



WARRIORS

YOUTH & ROOKIE RUGBY CLUB

WarriorYouthRugby@gmail.com ♦ @WarriorsYouthRugbyClub

Welcome to Warrior Rugby Spring 2020

Introduction:

Now entering our 4th year as a Rookie Rugby and Youth rugby club. Our mission remains the development of the game of rugby in the Saint Charles County area by building a love for the game in our youth. We offer the sport of rugby to boys and girls from K through to 8th grade. There will be a non-contact co-ed “rookie rugby” aspect for U10 age groups and a controlled contact for 5th-8th graders.

Coaches

Coach and Director: Colin Heath

Semi-retired player and current head coach of the St Louis Rambler Rugby Club. Starting playing rugby at the age of 8 years in the United Kingdom and have played pretty consistently into my early 40s. Am currently a level 300 certified coach and have been coaching men’s rugby for almost 10 years.

I am married to a teacher in the Orchard Farm School District and have 4 kids, Jake (23), Sam (11), Ella (9) and Olivia (7). Both Sam ‘n’ Ella (The Germs) and Liv have played Rookie Rugby and wish to continue, with Sam and Ella now entering tackle to tackle!

Colin9174@gmail.com

314-265-8729 Mobile

Coach and Director: Doug Reckamp

Former player and coach. Married to Tara, a RN. Father to Olivia (16) Charlie (13), Lucy (11) and Ted (9) all of whom attend Saint Joseph in Cottleville. Started Rugby career in 1992 in high school at DeSmet Jesuit high school. Continued playing career for men’s clubs KCRFC in the Heart of America Union the Saint Louis Bombers, SLU, and the Saint Louis Rambler RC in the Missouri Rugby Union. Former assistant at DeSmet Jesuit and SLU. Current member of Rambler Rugby Club. Level 200 certified coach with USA Rugby. Also certified CYC coach and certified SLYSA and US Soccer coach.

douglasreckamp@yahoo.com

636-485-6230 mobile



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Uniform/Protective Gear

- Mouthguards are required for tackle games or tackle practice. No mouthguard = no tackle play. The player is required to provide their own mouthguard.
- Information on protective gear you may wear per USA Rugby guideline: <http://usarugby.org/documentation/refereeing/protective-equipment-clothing-guidelines.pdf>
- We will provide jerseys for game days. Players are required to wear black shorts and socks and soccer cleats.
- Fan gear can be purchased at <https://www.worldrugbyshop.com/club/2001467354/>

Game/Practice Locations

Games can be hosted at the Lou Fusz Soccer Complex and other Saint Louis areas. We will notify a week prior to games.

Most of our practices will be at Lou Fusz Soccer Complex (2155 Creve Coeur Mill Rd, St. Louis, MO 63146) on the grass rugby fields to the left of the turf fields. The first practice will be 8:30am Sunday March 22nd and subsequent practices will be Saturday's 8:30am at the same location

Schedule (Tentative)

Date	Time	Game	Location
3/29	1pm	Round Robin League	Lou Fusz Soccer Complex
4/4	All Day	Ruggerfest	Forest Park Emerson Fields
4/19	8:30-10am	Round Robin League	Lou Fusz Soccer Complex
5/3	8:30-10am	Round Robin League	Lou Fusz Soccer Complex
5/10	2-4pm	Round Robin League	Lou Fusz Soccer Complex
5/17	1-3pm	Round Robin League	AB Green Park, Richmond Heights

Recruiting and Inclusiveness

Recruits are welcome to come to practice for free to check out rugby and to see if it is a fit for them. Players are accepted throughout the entire season.



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Team Fees/Dues:

Majority of expenses will be picked up by sponsorship of the Saint Louis Royal Rambler Rugby Club and generous donors including the United States Rugby Football Foundation which was founded to promote the game among our youth and build the foundation for the future of USA Rugby.

Doug and I have previously stated, we want everyone to be able to play rugby and are therefore trying to keep costs to a minimum, however that being said there are some costs that we have to cover. The bulk of the fees are paid direct to USA Rugby and Missouri Youth Rugby (see below). For this Spring season the Warrior club will only charge \$15/player.

- For Rookie Rugby (5-9 yrs), the cost is \$26.50. This is \$11.50 for USA and MO rugby, \$15 for Warriors)
- For Rookie rugby players already registered with USA Rugby, we will charge \$15
- For new Contact players (10-13 yrs), the cost is \$46.50. This is \$31.50 for USA and MO rugby, \$15 for Warriors).
- For contact players already registered with USA Rugby, we will charge \$15

Checks can be made payable to St Louis Rambler Rugby Club (we have our money partitioned in there), Venmo @RamblersRugby or PayPal RRC.Coach@gmail.com.



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USA rugby membership:

USA Rugby Registration (CIPP)

It is a requirement that every player is registered (CIPP) with USA Rugby on an annual basis. A player cannot play in any scrimmage or competitive game without an active CIPP on file.

A player may attend practice without a CIPP during the time they are assessing to see if the game is a fit for them.

We will email forms for this registration and once above payment is received, we will register the players to make it easier on you/

Benefits if membership in USA Rugby (why should I register my child?)

MEMBERSHIP BENEFITS

- **Insurance:** Within any contact sport there is the chance of somebody getting injured, but with your USA Rugby Membership, we have you covered. Liability and Accident Insurance reduces liability for registered members, covers rugby-related accidents at sanctioned events and more. See the Insurance tab for more information.
- **League and Tournament Participation:** A membership with USA Rugby gives you access to join one of over 3000 clubs and participate in tournaments around the country. USA Rugby is in charge of over 400 youth teams, 1,200 High School teams, and 900 College Teams and 700 Senior Teams.
- **Opportunity to Compete in a National Championship Series:** With 30 National Playoff and Championship events each year, a USA Rugby membership creates opportunities for rugby members to compete at an elite level.
- **Structure:** One of the key benefits of a membership with USA Rugby is the structure provided by the governing body. This includes keeping the league referees current with their training, providing coaching staff background checks, communicating recent medical updates and information and creating a strong foundation for the game.
- **Staying Connected:** Staying up-to-date with USA Rugby is easy with your membership. With access to E-News updates, you will have the latest rugby news and resources at your fingertips. This also includes live coverage of tournaments and popular rugby matches to keep you current on everything rugby.
- **Affiliation:** We are proud to support rugby players across the United States and strive to create value for all our members. A USA Rugby membership signifies your affiliation with this increasingly popular sport and genuine love for the game.