



WARRIORS

YOUTH & ROOKIE RUGBY CLUB

WarriorYouthRugby@gmail.com ♦ @WarriorsYouthRugbyClub

ST. LOUIS WARRIORS YOUTH & ROOKIE RUGBY CLUB

Interested in playing rugby? Youth rugby for all levels

YOUTH RUGBY

10-14 years
(Grade 5-8)

Contact

ROOKIE RUGBY

Boys & Girls 5-12 years

Non-Contact

www.facebook.com/WarriorsYouthRugbyClub/

Why Play Rugby?

USA's fastest growing sport!

- Create friendships
- Adopt rugby's core values
 - Teamwork
 - Discipline
 - Respect
 - Sportsmanship
 - Enjoyment
- Health Benefits
 - 60+ minutes of exercise
 - Muscle strength development
 - Bone strength development
- Player Safety
 - Qualified & certified coaching staff
 - Concussion education certified
- Life-long Connections

Practices begin Thursday 5pm April 1st, then Tuesday and Thursday 5-630pm until May 27th at Lou Fusz Soccer Complex on Rugby Field to Left of Turf Field

2155 Creve Coeur Mill Rd, St. Louis, MO 63146

If interested, contact Colin Heath (colin9174@gmail.com; 314-265-8729)

or Doug Reckamp (douglasreckamp@yahoo.com; 636-485-6230)